



SARASWATHI
VIDYALAYA

SV TITBITS

OCTOBER 2016-17

1. SWACHH BHARAT DAY



The second anniversary of Swacha Bharat and Gandhi Jayanthi was celebrated with a series of programmes in the school. As per the directives of the CBSE, "Clean India" drive was observed on the 29th of September 2016. The premises of the school and the surroundings around the school were cleaned of litter and dirt. On the 30th of September children formed a human chain to demonstrate the spirit of unity of our nation amidst our diversity. A candle march was held by the students in the primary block. "Let the light of knowledge and freedom lead us to become good citizens". This was the message that was put across to our students.



An audio-visual film was shown to the students about the life and times of Mahatma Gandhi. In this inspiring film, the travails and sacrifices that Gandhiji and the freedom fighter made to achieve our independence were highlighted. It was shown primarily to instil a sense of belief to appreciate and uphold our hand fought freedom.

2. STANDING TOGETHER AS A NATION



Our students from the Primary Section formed a human representation of the Indian map students donning caps of the national tricolour, stood to attention as the school band played to the tune of "Sare Jahan Se Accha". A student dressed as Gandhiji stood



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as a symbolic representation of all the valuable ideals that Gandhiji upheld in his life. This exercise was under taken to impress upon the students the vastness of our culture, that despite its diversity, we stand together as one nation. This was legacy that we inherited from our freedom fighters and which we promise to take forward.

3. WORLD HEALTH DAY CELEBRATION



Academy of Cardiovascular Sciences in association with Kerala Institute of Medical Sciences (KIMS) and Rajiv Gandhi Centre for Biotechnology (RGCB) celebrated World Health Day and the inauguration of PROHC-Promotion of Heart Health among children at Saraswathi Vidyalaya. Padma Shri Prof.G Vijayaraghavan, Vice Chairman and Director-Medical Services, KIMS Heart Care Centre inaugurated the function. Prof.Vijayaraghavan stressed on the importance of healthy food habits and exercise to maintain a healthy life. Dr.Surya Ramachandran, Secretary General, Academy of Cardiovascular Sciences - gave the welcome address. Mr.G.Rajamohan, Chairman, Saraswathi Vidyalaya in his Presidential address, spoke about the yeoman

service that IAGS did in the field of Medical Science.

Dr. S.Sivasankaran- Prof. of Cardiology, Sree Chitra Tirunal Institute of Medical Sciences and Technology, Trivandrum and Dr.K.Santhosh Kumar, Scientist F and Dean, Rajiv Gandhi Centre for Biotechnology, Trivandrum too spoke about the many junk food and unhealthy life style that young children led was the main cause for heart diseases among the youth Mr.S.Harishankar, Councillor, Vattiyookavu, thanked Saraswathi Vidyalaya for taking a lead in promoting programmes which has a social cause and he recognized the role of the school in the holistic development of students. Mrs.Shylaja.O.R, Principal, Saraswathi Vidyalaya rendered the vote of thanks.

4. SPACE WEEK (4-10-2016)



Space week celebration was held keeping the scientific temper and awareness of the students in mind. Std VIII students were taken to Space Museum. A competition of caption writing, script writing and poster making was held for students of Std VIII TO X.



SV TITBITS

OCTOBER 2016-17

5. FASHION FIESTA (18-10-2016)



Department of Fashion Studies conducted “Fashion Fiesta” a show, designed and conceptualized by the students of Std XI and XII. It was interesting to see students combine their creativity with natural fabrics and elements.

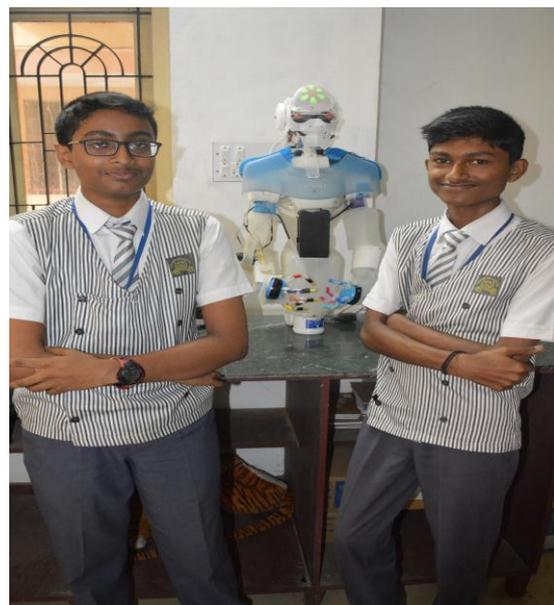
6. SPORTS (19-10-2016 – 20-10-2016)



The first inter-school Capital District Sahodaya Tournament was hosted by Saraswathi Vidyalaya. Mrs. Shylaja O R inaugurated the competition which was followed by a display of aerobics. A very creative programme depicting the game of cricket was performed by our students. Saraswathi Vidyalaya emerged as winners.



7. INNOVATION (26-10-2016)





SV TITBITS

OCTOBER 2016-17

ACE Engineering College conducted an inter-school competition of science projects. In the overall category, Saraswathi Vidyalaya won the second prize for their innovative and technical finesse.

8. SAHODAYA COMPETITION (27-10-2016)



Saraswathi Vidyalaya hosted to the off stage events of the Capital District Sahodaya Youth Festival. A total number of 13 schools participated.

9. VICTORY (29-10-2016 – 31-10-2016)



Saraswathi Vidyalaya, yet again emerged champions in the Capital District Sahodaya Youth Festival. In an outstanding display of

talent and team spirit, our school was able to lift the trophy for the second time in a row. The hard work the management, Principal,

Teachers and students paid fruit when our students held the trophy high on the penultimate day.