



# SV TITBITS

OCTOBER 2018-19

## 1. SWATCHH BHARATH- SWATCHH VIDYALAYA

(02/10/2018)



On the occasion of 150th birthday of Mahatma Gandhi school observed 'Swatchh Bharath- Swatchh Vidyalaya' campaign on 2nd October. Students, teachers and non-teaching staff enthusiastically cleaned the school premises and outside. The 'Swatchh Vidyalaya' was the motto of the day.



## 2. ORIENTATION ON DISASTER MANAGEMENT

(04/10/2018)

Saraswathi Vidyalaya in association with Malayala Manorama conducted a session on Disaster Management due to natural calamities like earth quakes, floods, tsunami, cyclone and lightening on 04-10-2018. They also brought into focus road accidents which seem to be rampant today. Resource personnel from the Institute of Land and Disaster Management conducted the session.



## 3. WILD LIFE CONSERVATION

(05/10/2018)





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An awareness programme and workshop on 'Resilient Kerala Forest and Wildlife' for the wildlife conservation was conducted by the Kerala Forest and Wildlife Department on 5th of October 2018. Eco-club members participated in the programme. There was a poster presentation competition and Sera Mariyam Binny of XI-H participated in the competition. Aswin Asok Kumar of Std XI-D participated in the panel of discussion regarding youth empowerment in decision making to fight climate change and other related environmental issues. It was an eye-opener for the students and it will help them go forward to play a role in building resilience in the face of natural calamities and environmental problems.

## 5. INTERACTION WITH SCHOOL COUNCELLOR

(09/10/210)



As a regular feature, girl students were engaged in a fruitful exchange with the school counsellors. Dr Raji Mathew spoke to the students about dilemmas they may

face emotionally in their adolescence and how they should learn to deal with it. The session also touched upon the physical changes that take place during this period and how personal hygiene be given attention.

## 6. WORLD MENTAL HEALTH DAY CELEBRATION

(10/10/2018)



The World Mental Health Day was observed on October 10th 2018. The theme for this year was 'Youth and Mental Health in the changing world'. In a series of programmes undertaken by the Psychology Department, a short talk was delivered in the morning assembly regarding the importance of mental health. In the afternoon session, a poster making competition with this year's theme was conducted. The prize winners for the same are Amina H Shaji of IX C, Sera Mariyam Binny of XI H and Krithika P of VIII D who bagged first, second and third respectively.



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## 7. SPACE WEEK CELEBRATION

(12/10/2018)



Space Week 2018 was celebrated with a wide array of activities. Class VI participated in a competition where they had to suggest a theme for next year's space week. STD VII were made to write a script on the topic 'Human life in Mars'. Class XI students conducted a quiz program for students of classes VIII, IX and Xth. Students also participated in the Quiz and Painting competitions conducted by ISRO.

## 8. AIMING HIGH "DREAM INDIA PROJECT"

(15/10/2018)

On account of the Birthday of Dr. A P J Abdul Kalam, 'Dream India Project' an initiative by Dr.APJ Abdul Kalam Trust was inaugurated in Saraswathi Vidyalaya where 10,000 students will be selected for scholarship and some as mentors. This is a

platform to showcase their innovative science talents.



The Dream India Project was inaugurated by Dr. G. Rajamohan, Chairman, Saraswathi Vidyalaya and was accompanied by Mrs.Shylaja O R, Principal Saraswathi Vidyalaya, Mr.P.N. Subramaniam, Chairman Dr. APJ Abdul Kalam Trust, Shri C R Satya, Rtd Scientist ISRO, Prof. V J Antony, Vice-Chairman, Dr APJ Abdul Kalam Trust and Sri Vipin Austin, Div. Manager Indian Oil Corporation. The function ended with an inspirational talk by Shri.C R Satya. Students from different schools enthusiastically participated and repeatedly cheered 'Dream India' shouldering the responsibility of future citizens of India.

## 9. INTERNATIONAL FOOD DAY

(16/10/2018)

October 16th was celebrated as International Food Day. Saraswathi



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Vidyalaya in association with FFSAI, Food Safety Department and IMA, conducted a workshop. Dr.Swapna, General Hospital, Kottayam drew the attention of the students towards consuming a balanced diet and the importance of avoiding junk food.



## 10. LET THERE BE KNOWLEDGE-VIJAYADASHMI CELEBRATION

(21/10/2018)



All religious festivals are celebrated at Saraswathi Vidyalaya. In keeping with this, Vijayadashmi was observed according to the tradition. After the chanting of Lalitha Sahasra Namam, our Chairman, Dr.G.Rajamohan distributed the books kept for Pooja to the students, Principal,

teachers and non teaching staff. This was followed by distribution of prasadam

## 11. ANOTHER FEATHER IN THE CAP- ROBOTIC LAB INAUGURATION

(22/10/2018)



The newly constructed Robotic Laboratory at Saraswathi Vidyalaya was inaugurated by Dr.Shashi Tharoor, Honourable Member of Parliament on 22nd October 2018. After lighting the inaugural lamp, Dr.Tharoor appreciated the effort made by the school to introduce robotics whereby enhancing the scientific skills of the students. Dr.G.Rajamohan, Chairman, Mrs.Devi Mohan, Secretary, Mrs. Shylaja O R, Principal, Mr. Soman Baby, Chairman-Talia Global solutions, Mr. Jacob George, Media Personality and Mr. Jiju Varghese, Director-Talia Global Solutions were present on the occasion.



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## 12. CHAMPIONS IN FIELD EVENTS

(23/10/2018)

Keerthana.V of Std.IX did us proud again by winning 2gold medals in long jump and high jump respectively and a bronze medal in the 200metre race at the Reliance Foundation Athletics meet,2018 held in Trivandrum.



## 13. FUN WITH MATHS (24/10/2018)



The Mathematics club conducted a Quiz Competition “Fun With Maths” on 24th October 2018 for the students of Std.V,VI &VII. This competition was held House-Wise to raise interest and also enjoy doing maths. The audio-visual presentation ensured the participation of quizzers and the audience as well. The winners of this quiz was Sapphire House.

## 12. FULFILLED EDUCATION – KINDERGARTEN ACTIVITY (24/10/2018)

Seasons change and so does the nature around us. In keeping with the current time of the year, Autumn was the theme of the month.Things around us, both natural or man-made come in varied shapes and hues.What a better way to illustrate this than having a first hand experience.Our KGStudents(Vattiyookavu, Kazhakuttam, and Vellayani) were made aware of how leaves differ in shape and pattern.With the help of paint and paper,leaves were imprinted,hence it served the very purpose of our venture "fun filled education"

## 13. CHAMPIONS – CAPITAL DISTRICT SAHODAYA FOOTBALL (29/10/2018)





**SARASWATHI VIDYALAYA**

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It was a triumphant day for SV when we emerged as the Champions in the Capital District Sahodaya Inter School Football Tournament .The team comprising of Anandu, Abhinand, Abdullah, Ashin, Aswin Doss, Bharath, Gourav, Jassim, Hari A J and Madhav bagged the Championship trophy by defeating 8 other formidable teams.

## 14. OUR CHESSMEN- WINNERS OF CHESS TOURNAMENT. (27/10/2018)



Another feather on our cap today was when Subramaniam of Std.VIII and Vignesh Jagajeeth of Std.VII came first and second respectively in the chess tournament conducted by Capital District Sahodaya. In the same tournament Siddharth Nair and Amal Haris, both from Std XI secured First and Second position respectively in the under 18 category.

## 15. SPORTS DAY CELEBRATION

(27/10/2018)

The official function of our Sports Day began when Mrs.Shylaja O.R., Principal , Saraswathi Vidyalaya inaugurated the sports day celebration. It was a very colourful start to an eventful day with the

participants of all four houses assembled in their respective sports uniform.



With the infurling of the flag and handing over the torch, our Principal declared the games open. This was followed by the oath taking ceremony and number of other performances by the students. The formation of various sports events, umbrella dance, the pyramid formation by the boys and zumba dance by the girls were the additional attractions.





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## 16. Sports Day Celebration.

(27/10/2018)



Sports Day, an annual event to foster competition in the true spirit was conducted on 27-10-2018. This competition included not only the usual athletic events but also various exercises which showcased the physical prowess of the students. The Sports Day was made even more colourful with Umbrella Dance, Zumba Dance, Formation of Various Sports Events and Pyramid formation by the students. These were a feast for the eyes.

